

# AIKIDO

## XIV Letnia Szkola

Hawa 12-18.08.2012

Keith A. Moore sensei (6 dan)  
*Shinjinkai Aikido, Chicago, USA*

Tomasz Krzyżanowski sensei (5 dan)  
*AAI-Polska Aikido, Poland*

Robert Malic sensei (4 dan)  
*Eidokan Dojo, Split, Croatia*

*and our special guest instructor:*

Urban Aldenklint shihan (6 dan)  
*Iyasaka Dojo, Stockholm, Sweden*

Location: Hawa 14-200, Sienkiewicza 5, Poland

Accommodation: dorm rooms -2,3,4,8-persons

Cost: \* 780,00 pln (deposit 300,00 pln paid by 25.06.2012)  
\* 980,00 pln (deposit 300,00 pln paid after 25.06.2012)

includes:

- food and accommodation (breakfast, lunch, supper)
- aikido training (400 m2 dojo space)
- insurance NNW
- other activities

(barbecue, fireplace, leaving room, TV-room, playing field, lake beach and bar 5 min walk, etc.)

*Registration and information:*

*tel.+48 501 015 335*

*e-mail: [director@aai-polska.pl](mailto:director@aai-polska.pl); [www.aai-polska.pl](http://www.aai-polska.pl)*



## **SCHEDULE:**

### **12.08.2012 (Sunday):**

From 15.00	accommodation
17.00-18.00	keiko
18.15-19.15	keiko (jo/ken)
19.30	supper
21.00	evening activities

### **13-17.08.2011 (Monday-Friday):**

8.30	breakfast
9.30	meditation
10.00 – 11.00	keiko
11.15 – 12.15	keiko
12.15 – 13.15	free practice
14.00	lunch
17.00 – 18.00	keiko
18.15 – 19.15	keiko (jo/ken)
19.30	supper
21.00	evening activities

### **18.08.2012 (Saturday):**

9.00	breakfast
11.00 – 12.00	keiko
12.15 – 13.15	keiko
13.30 – 14.30	keiko
14.30	official closing
16.00	sayonara

Dan and kyu tests will take a place on Friday 17.08.2012.

Please, confirm your coming by email:

[director@aai-polska.pl](mailto:director@aai-polska.pl)

**SEE YOU ON THE MAT!!**

